

What Does It Mean that A Wife Is Supposed to Be A Suitable Helper?

- ▶ Then the LORD God said, “It is not good for the man to be alone. **I will make a helper who is just right for him**” *Genesis Chapter 2 verse 18 (NLT – New Living Translation)*.
- ▶ And the LORD God said, *It is* not good that the man should be alone; **I will make him an help meet for him** - *Genesis Chapter 2 verse 18 (KJV – King James Version)*.
- ▶ Now the LORD God said, “It is not good (beneficial) for the man to be alone; **I will make him a helper [one who balances him—a counterpart who is] ^[a]suitable and complementary for him**” *Genesis Chapter 2 verse 18 (AMP – Amplified Version)*.

What Does It Mean that A Wife Is Supposed to Be A Suitable Helper?



Does it mean she helps him dress better or helps him to look good for others to admire?

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Does it mean she's to provide emotional support to him and give him a listening ear?

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Does it mean she tells him what he needs to hear when he needs to hear it? Providing him with godly counsel?

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- ▶ A helper meet (right) for him.
- ▶ A helper who balances him.

So, is it possible to have AN UNSUITABLE helper?

Examples:

Jezebel (for Ahab).

Sapphira (for Ananias).

Bonny and Clyde – the infamous violent criminal due in the 30's.

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Examples of a Suitable Helper:

Abraham and Sarah – Could Abraham have achieved his status of father of faith without Sarah?

Joseph and Mary – God told Joseph to not be afraid to take Mary as his wife. Could he have fulfilled his destiny with another wife?

Aquila and Pricilla – This couple helped Paul in ministry together. They were wealthy business owners.

Barack and Michelle – It was reported that Michele once told Barak if she had not been by his side he would not have been president of the U.S.

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*She is clothed
in Strength
and dignity
and she laughs
without fear
of the future.*

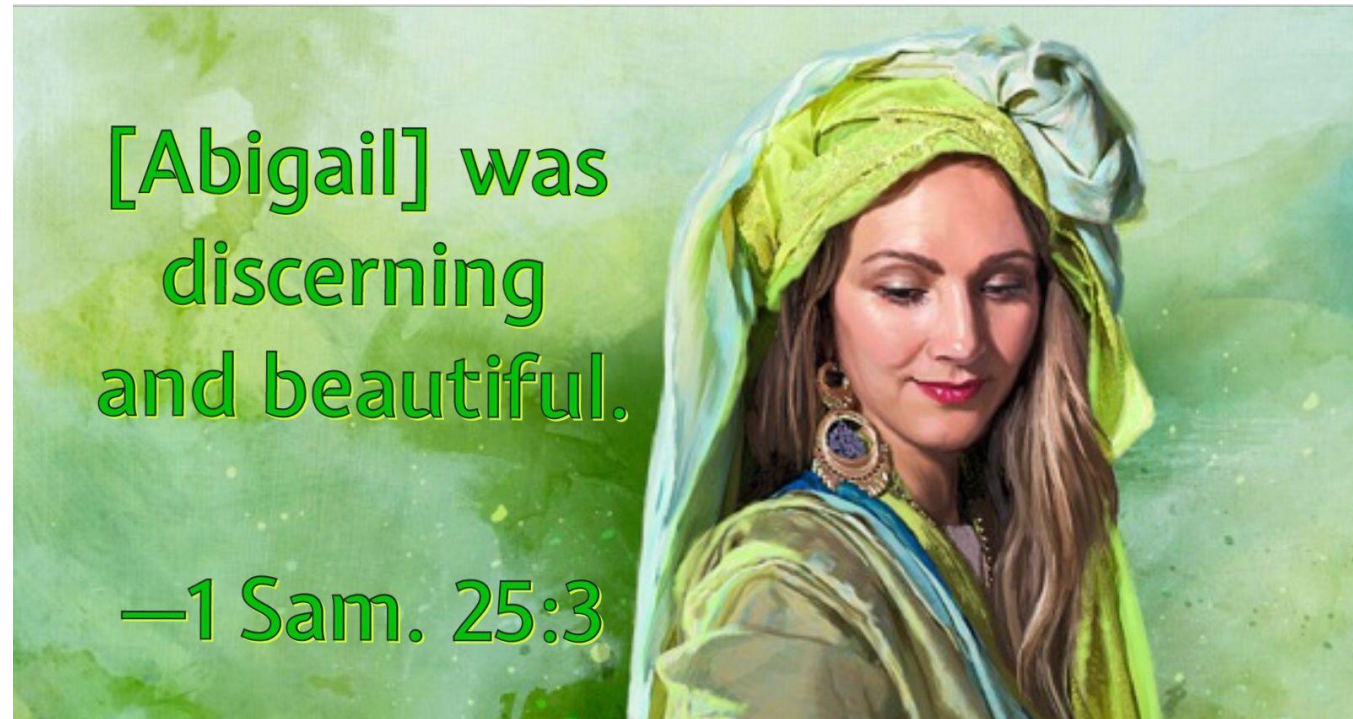
Proverbs 31:25

THE WORD FOR THE DAY

It means possessing all these qualities that benefit her husband and home.

However, can a suitable helper be married to a man who fails to appreciate her suitability i.e. these qualities?

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Unfortunately she was married to Nabal who did not appreciate her suitability to discern things. If he did, he would not have continued to act harshly/mean and evil. He was a fool and it was his nature the bible account records – **verse 25**.

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See then that ye walk circumspectly,
not as fools, but as wise,
Redeeming the time,
because the days are evil.

Ephesians 5:15-16

Without a suitable wife can a man walk circumspectly?

(Meaning careful not to take risks – this would not include calculated risks).

“In my research of scriptures, God has never matched a couple where the wife is deemed unsuitable.”

“So, could it mean that to be a suitable helper God has to match a man and woman?”

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It would appear then that a suitable wife is the one who like the Holy Spirit encourages and motivates her husband to reach his highest potential and become more Christlike as reflected in **Ephesians 5** verses:-

- ▶ ¹⁵ See then that ye walk circumspectly, not as fools, but as wise,
- ▶ ¹⁶ Redeeming the time, because the days are evil.
- ▶ ¹⁷ Wherefore be ye not unwise, but understanding what the will of the Lord is.
- ▶ ¹⁸ And be not drunk with wine, wherein is excess; but be filled with the Spirit;
- ▶ ¹⁹ Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord;
- ▶ ²⁰ Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;